Remote Control User Guide

Sana Massage Chair

current program, including program name, intensity levels, and current focus area.

ON/OFF — Press this button to power on the remote; press again to restore the chair to the upright position and power off the remote.

MENU - Displays the main menu.

BACK ADJUST – Press and hold to recline or incline the backrest.

FEET ADJUST — Press and hold to raise or lower the footrest.



UP/DOWN ADJUST — Use to move the massage rollers to the desired position when enjoying a Zone or Spot massage.

TIME REMAINING - Shows the

total amount of remaining time

of your massage session.

MANUAL – Displays the Manual massage menu.

AUTO – Displays the Auto Programs menu. When an auto program is running, press to toggle among the auto programs. The active program displays at the top of the status screen.

HEAT – Press to toggle the heat on and off. When the heat is on, the heat icon on the screen displays red.

ZeroG® — Press to automatically position the chair in ZeroG mode, raising your feet above your heart for maximum spine relief.

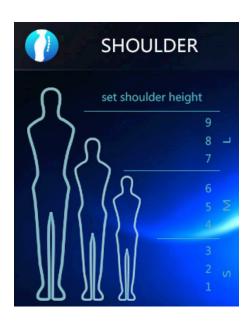


For more detailed operation instructions, please see the Use and Care Manual.



Remote Control User Guide

Shoulder Height Guide



Overall Height	Shoulder Setting
5'11" > taller	8 - 9
5′8″ – 5′10″	6 – 7
5′3″ – 5′7″	3 – 5
5'0" - 5'2"	1-2

